



# Photochemical Stabilization of Fortified Salt to Treat Lymphatic Filariasis and Iodine Deficiency Disorder

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Cargill Salt Group

**University of Notre Dame Haiti Program is a world leader in the fight against Lymphatic Filariasis, working in Haiti since 1993**





# Cargill Salt - University of Notre Dame Haiti Program

## Salt Project Mission

*Ministering in Christ's name, we will eliminate LF and prevent IDD in Haiti through the production and distribution of co-fortified salt.*

## Strategy

*We provide fortified salt competitively in the retail, foodservice, food-service segments while providing unfortified salt profitably in the industrial segment.*

## Lymphatic Filariasis and Iodine Deficiency Disorders



- LF is a “neglected tropical disease” affecting 120 million people in 83 countries
  - Elephantiasis
  - Pain
  - Disfigurement
  - Social ostracism
- Iodine Deficiency Disorders
  - World’s most prevalent cause of cognitive impairment
  - In 2011, the WFP estimated 72% of children in Haiti suffered from IDD

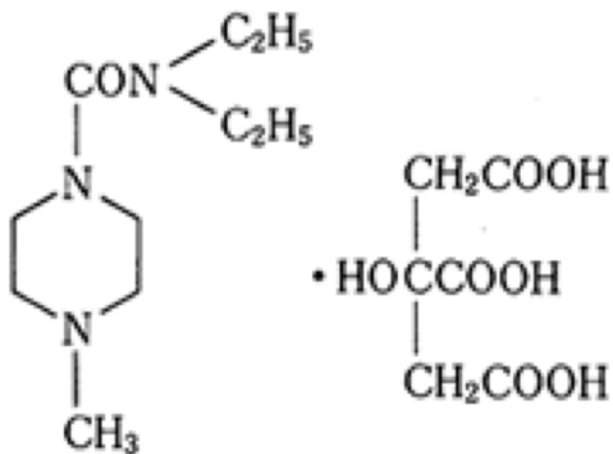


# Cargill Salt Group Partnership with UNDHP



- Cargill working with CSC Plant in Port-au-Prince, Haiti
- Providing technical and engineering support for the processing of solar salt from Haiti and Bonaire
- Providing business development support

## Fortification Agents



- Diethylcarbamazine Citrate (DEC)
- Effective LF treatment
- Citrate salt of free base DEC (weak acid)



- Potassium Iodate
- Iodizing agent

## DEC + $\text{KIO}_3$ Stability Issues

- Co-fortified salt would sometimes turn deep yellow (inconsistently)
- Sometimes the yellow color would vanish over time
- Color change only occurred in salt fortified with both DEC and  $\text{KIO}_3$
- Customers would not buy a yellow salt – problem needed to be solved
- Investigation revealed exposure to sunlight through transparent plastic bags was driving the color change.
- Yellow color was extractable with water and tested positive for iodine (starch test)
- Color changes arising from changes in iodine speciation

## Color of Iodine Species

|   |           |
|---|-----------|
| $\text{IO}_3^-$   | Colorless |
| $\text{I}^-$  | Colorless |
| $\text{I}_2$  | Yellow    |
| $\text{I}_2 + \text{I}^- \rightleftharpoons \text{I}_3^-$ | Yellow    |



# Proposed Mechanism of Color Change: $\text{IO}_3^-$ is progressively photochemically reduced by DEC

|  | <u>Iodine Ox. State</u> | <u>Color</u> |
|--|-------------------------|--------------|
| $\text{IO}_3^-$  | +5                      | Colorless    |
| ↓  |                         |              |
| $\text{I}_2$   | 0                       | Yellow       |
| ↓  |                         |              |
| $\text{I}_2 + \text{I}^- \longrightarrow \text{I}_3^-$ | -1/3                    | Yellow       |
| ↓  |                         |              |
| $\text{I}^-$   | -1                      | Colorless    |

## Precedence for this Mechanism

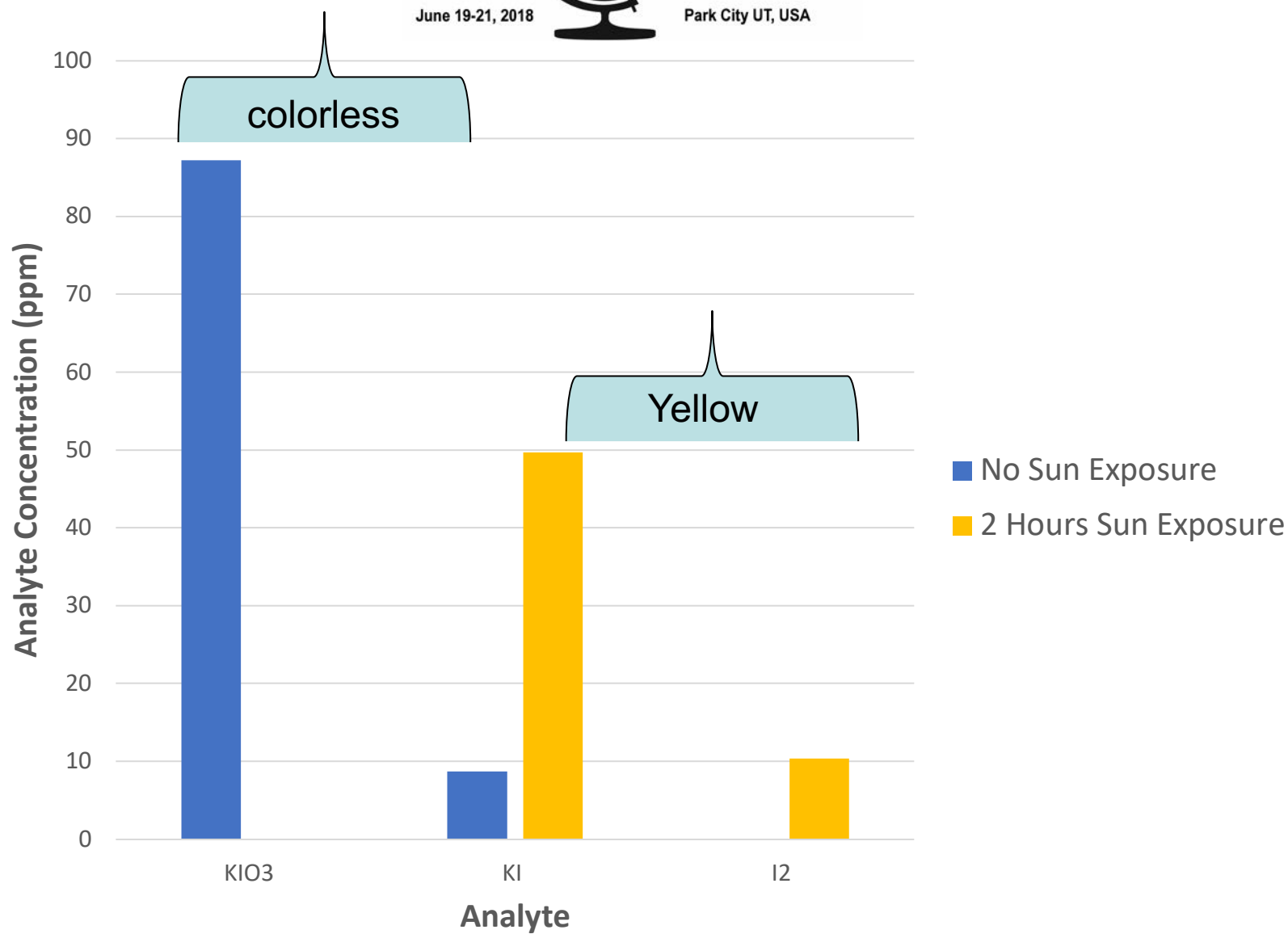
- $\text{IO}_3^-$ (aq) is photochemically reduced in the presence of humic acid (Saunders, et. al. 2012)
- $\text{IO}_3^-$ (aq) is photochemically reduced to  $\text{I}^-$ (aq), but organic matter is essential for the reaction (Spokes, et. al. 1996)

# WORLD SALT SYMPOSIUM

June 19-21, 2018

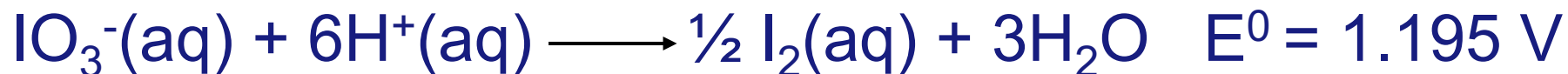


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## Solution

The reduction of  $\text{IO}_3^-$  is thermodynamically favorable under acidic conditions (provided by DEC)

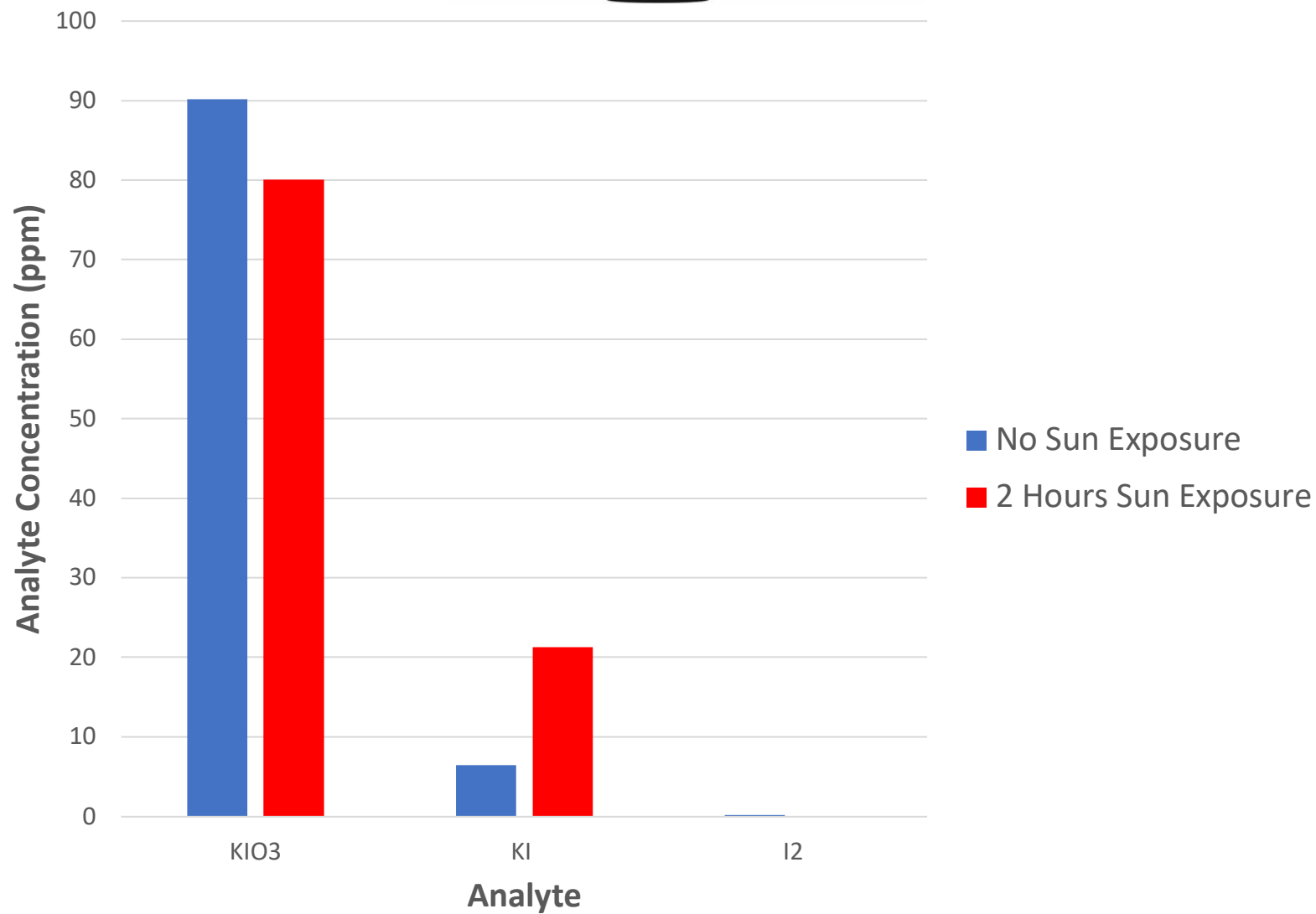


Adjusting the DEC stock solution to alkaline pH with NaOH makes the reduction thermodynamically unfavorable and stabilizes the DEC +  $\text{IO}_3^-$  fortification

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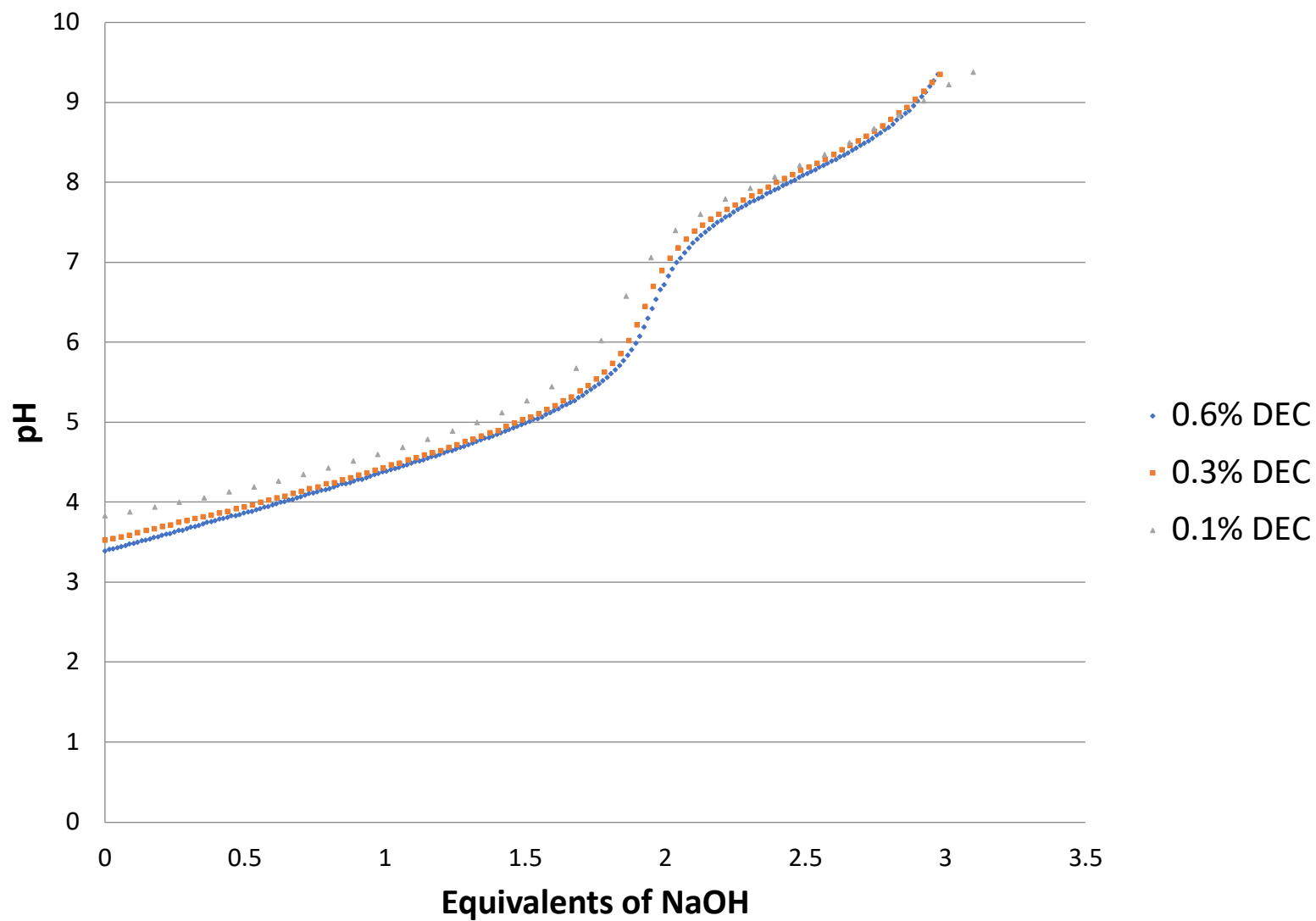


## Some Practical Considerations

- In principle DEC/ $\text{KIO}_3$  stock solution can be pH adjusted with any suitable base, but NaOH probably most convenient
- $\text{Na}_2\text{CO}_3$  is lower cost but pH is limited to  $\sim 7.2$  + effervescence issues
- DEC citrate solubility is higher than free base
- Stock solution DEC concentration must be lower at higher pH – will impart higher moisture to the salt
- If opaque packaging is cost effective, the pH adjustment may not be necessary

## Modification of DEC Analytical Method

- Prior method involved back HCl titration of DEC Citrate
- If DEC is pH adjusted this will no longer work
- A simple, accurate method is needed for quality control at Haiti plant
- Solution – within buffer zone DEC pH will be ~ independent of concentration
- Thus titrant volume between two discrete points in buffer zone will be proportional to DEC concentration

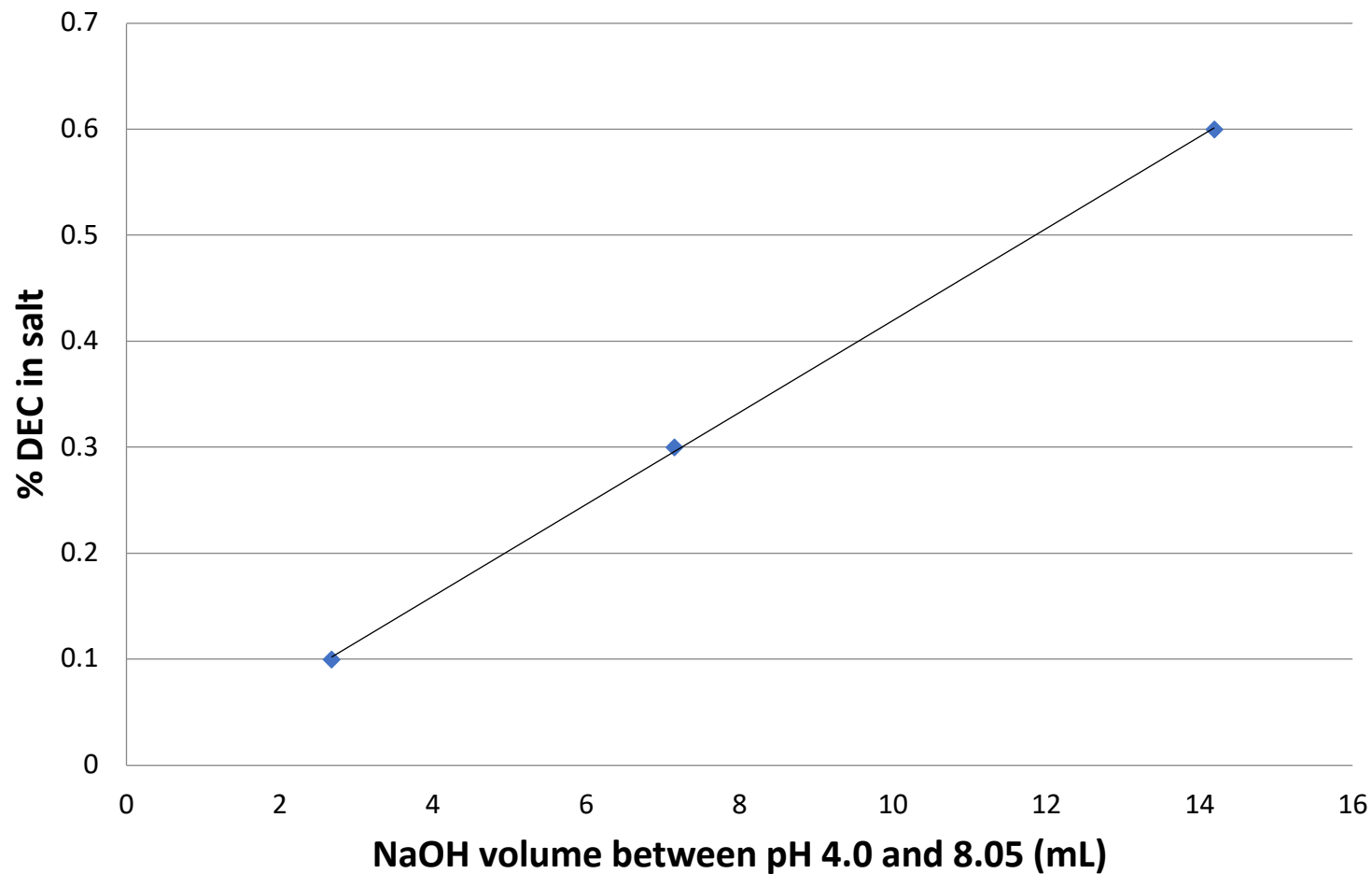


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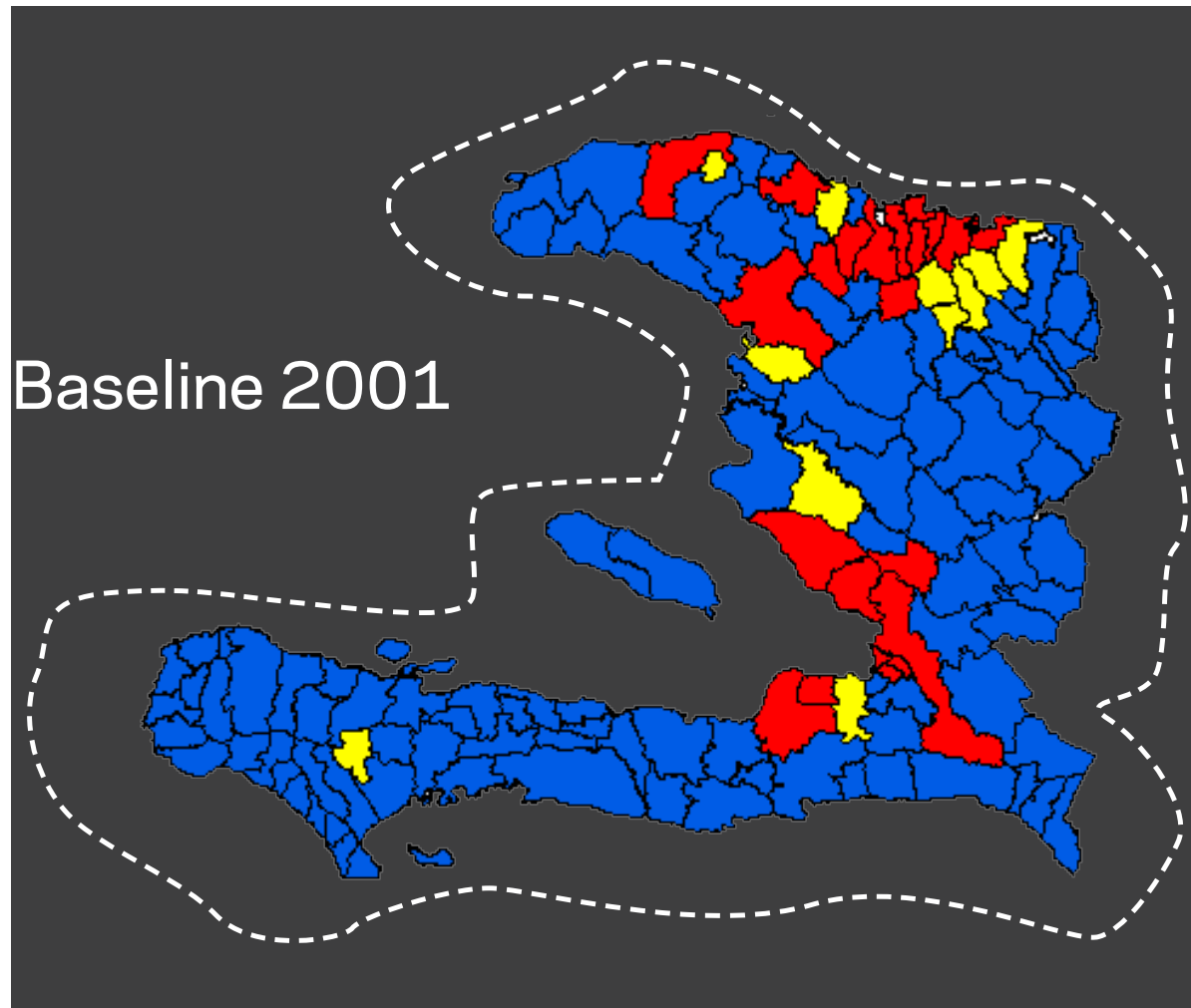
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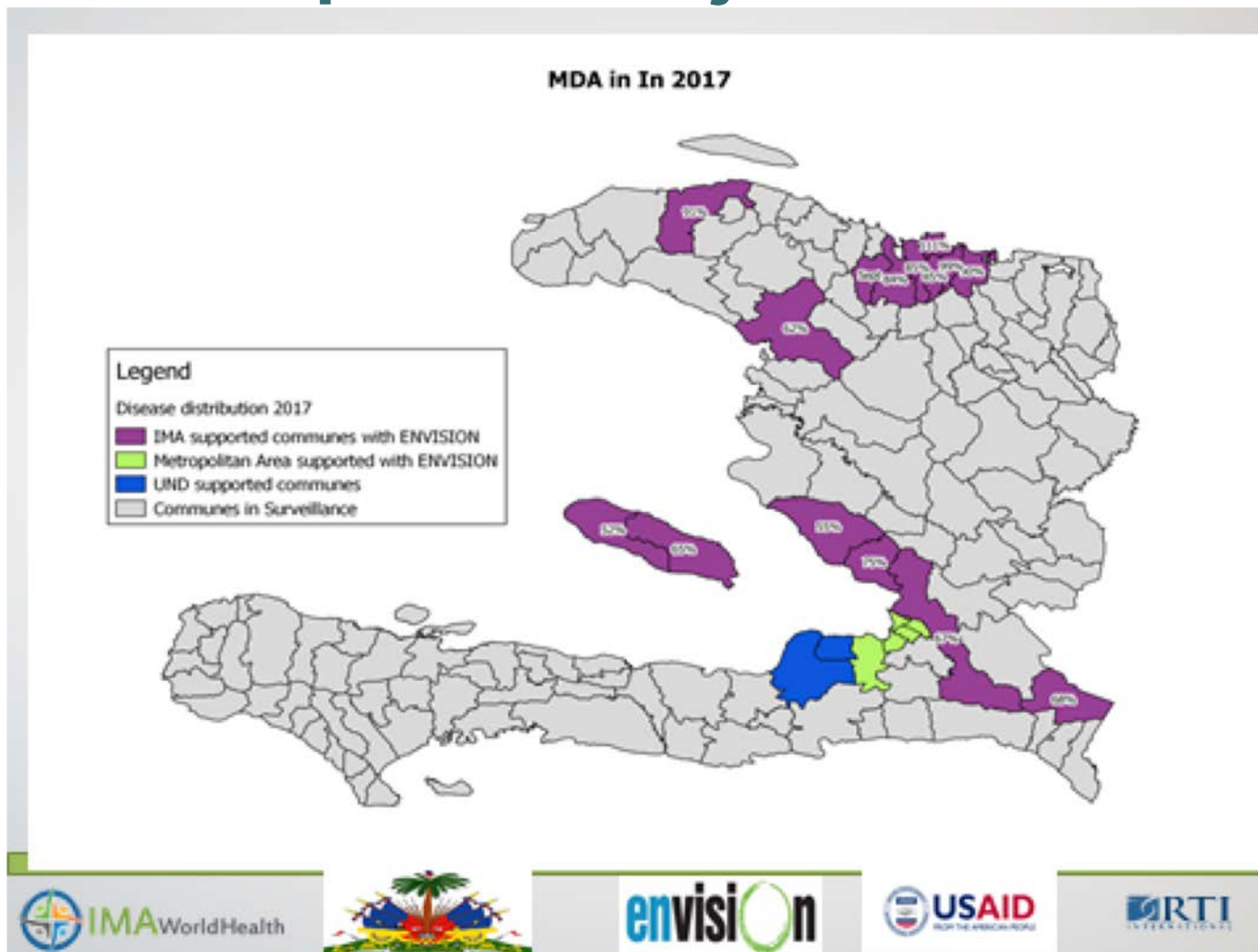


# 2001: LF was endemic in all 140 communes





# 2017: LF present in just 23 communes



## Conclusions

- Salt co-fortified with  $\text{IO}_3^-$  and DEC will turn yellow when exposed to sunlight
- Yellow color is caused by a progressive photochemical reduction of  $\text{IO}_3^-$  to  $\text{I}_2$  and  $\text{I}^-$
- Product can be stabilized by adjusting pH of DEC/ $\text{KIO}_3$  stock solution to 7.5 or higher
- Since implementing this change, the Haiti CSC plant has been successfully manufacturing stable product
- pH adjusted product can be analyzed for DEC using a simple acid/base titration requiring only a pH meter to an accuracy of  $\pm 0.01\%$  DEC



## Conclusions

- Significant progress has been made
- We are on track to eliminate LF and prevent IDD in Haiti
- Since 2013 over 22 million doses of DEC have been distributed via salt
- Certification of Haiti as LF free is estimated 2020-2022
- Lessons learned in Haiti can be a valuable resource for the more than 60 countries actively working to eliminate LF